

South Brunswick Parks & Recreation Department Counselor In Training (C.I.T.) Program

- Age Eligible:** South Brunswick Residents, aged 14+ by June 1, 2026. (Must Be In High School)
- For:** Participants who enjoy working with young children in a camp environment.
- Program Goal:** Successful program graduates will obtain leadership skills, activity planning skills and experience in working with school-aged children.
- Fee:** There is no registration fee for this training program. There may be some costs associated with C.I.T. activities; which are optional. This is not a paid position.

Description:

This is a counselor training and mentoring program led by the Summer Camp staff, including the Camp Director. Input from senior counselors and specialists are also taken into consideration. The South Brunswick Parks & Recreation Department and camp staff will provide the volunteer Counselor In Training with opportunities for personal growth, leadership training and volunteer work experience. Qualified personnel will provide supervision, monitoring and evaluation reviews of volunteers.

This is a (minimum), 2-year summer volunteer experience. Each summer, those C.I.T.'s who successfully complete their volunteer experience will receive a certificate of Community Service Hours.

Participants accepted into the program are part of the Camp staff team. They will attend staff training, orientation and meetings prior to camp where their input is welcome. Each C.I.T. will rotate through various camp duties and throughout the summer will acquire increasing leadership and counselor experience.

Each C.I.T. is assigned to a group with a Junior and Senior Counselor who also were C.I.T.'s at one time. Periodic observation, evaluations and feedback are all part of the process to assist the C.I.T. with their personal growth and improvement and development of leadership skills.

Summer 2026 Camp Dates: June 29th – August 7th No Camp on July 3rd **If we decide to have interviews, they will take place on a Saturday in April/May. We will give you enough notice to be available for your interview.**

***It is a requirement that all CIT's are available to work the 6 weeks of camp. Please schedule your family vacations before or after camp.**

Applications:

First Year/ New applicants: Complete an application and submit it by the due date listed. After your application is reviewed, you will be contacted for an interview. Interview dates are to be determined.

Completion of the CIT second year program: CIT's with an excellent final evaluation may be recommended to become Junior Counselors. (If there are staff openings available). We may receive more applications than we have space for so, we may not be able to accept all who apply.

E-Mail: We will be contacting applicants by email. Please use applicant's legible email address and parent's email address that is checked regularly. Please also include applicant's cell phone number and parent's cell phone number.

Accepted Applicants: Those accepted will have to complete specific paperwork before starting the program.

Please note: South Brunswick Parks & Recreation Department reserves the right to dismiss a Counselor In Training from the program in the event the CIT does not adhere to the rules, regulations and policies set forth by the Department, Township and his/her supervisors and/or if he or she exhibits behavior undesirable in a counselor. We also reserve the right to (After staff review) recommend to not bring a CIT back for a second season or to do so in a probationary period.

**SOUTH BRUNSWICK PARKS & RECREATION DEPARTMENT
COUNSELOR IN TRAINING APPLICATION**

Application Deadline: Friday, March 27th 2026.

Date Of Application _____ Date Received: _____

Dates: June 29th – August 7th, No camp on July 3rd.

Monday - Friday From Approximately 8:30am to 4:00pm

Attach another sheet if additional space is needed. Attach a resume if you have one.

First Name: _____ **Last Name:** _____

Check 1: () New Applicant (1st year CIT) () 2nd year Applicant () 3rd year Applicant

Home Address: _____ **Township Of Residence:** _____ **Zip code:** _____

Date Of Birth: _____ **Age** _____ **must be 14 years old by June 1, 2026**

Present Grade: _____ **School attending:** () SBHS Other (list): _____

Your Cell Phone: _____ **Parent's Cell #:** _____

Your E-mail: _____@_____._____ **Parent's email:** _____@_____._____

AVAILABILITY:

Summer: Date you can start: _____ Last day you can volunteer: _____

Summer Dates I Am Unavailable: _____

Please keep in mind this is a 6 week commitment. Vacations should be scheduled before or after camp.

FIRST AID BACKGROUND

1. Have you ever taken a First Aid course? [] No [] Yes
If Yes, Year completed _____ Where? _____
2. Have you ever taken a CPR course? [] No [] Yes
If Yes, Year completed _____ Where? _____
3. If Yes, Year completed _____ Where? _____

YOUR T-SHIRT SIZE (CHECK)

__Adult Small __Adult Medium
__Adult Large __Adult XL
__2XL

PLEASE LET US KNOW A LITTLE ABOUT YOU:

Attach another sheet if additional space is needed.

1. I would like to become a volunteer Counselor In Training this summer because _____

2. Have you ever attended a summer camp? () No () Yes _____ Day camp _____ Sleep Away
3. Have you previously attended Summer Parks Camp as a camper? () No () Yes, # of summers _____
4. Previous related experience working with children (paid or volunteer): _____

5. List any special training, education., or credentials: _____

6. List any personal interests, talents, hobbies, unique or special skills that would be a positive contribution to our camp program: _____

AREAS OF INTEREST, STUDY, & EXPERIENCE

- | | | |
|--|---|---|
| <input type="checkbox"/> Arts and Crafts (specify) _____ | <input type="checkbox"/> Music _____ | <input type="checkbox"/> Singing |
| <input type="checkbox"/> Athletics Team sports: _____
Studies | <input type="checkbox"/> Outdoor Education | <input type="checkbox"/> Nature/Environmental Science |
| <input type="checkbox"/> Playground and group games | <input type="checkbox"/> Story telling | <input type="checkbox"/> Dance, Type: _____ |
| <input type="checkbox"/> Gymnastics & tumbling | <input type="checkbox"/> Theater Arts: Dramatics | <input type="checkbox"/> Cheerleading |
| <input type="checkbox"/> Special Events & Activities | <input type="checkbox"/> Special Needs Population | <input type="checkbox"/> Cooking |
| <input type="checkbox"/> Photography/video | <input type="checkbox"/> Making flyers, posters, etc. | <input type="checkbox"/> Computer |
| <input type="checkbox"/> Planning activities | <input type="checkbox"/> Leading groups in activities | <input type="checkbox"/> Teaching/coaching: _____ |
| <input type="checkbox"/> Other: _____ | | |
- Comments on any of the above or not listed: _____
- _____

REFERENCES: (other than relatives) Please list up to two personal character references:

- Name: _____ Address: _____ Phone: _____
Number of years known: _____ Relationship (teacher, friend, pastor, etc.): _____
- Name: _____ Address: _____ Phone: _____
Number of years known: _____ Relationship (teacher, friend, pastor, etc.): _____
- Have you volunteered with South Brunswick Township before? () No () Yes
If yes, what did you do? _____ When? _____
Name of volunteer coordinator /supervisor: _____

Applications may be:

- Brought in person to the Parks & Recreation office in the Community Center at Woodlot Park (124 New Road) 9:00am - 4:00pm, Monday - Friday.
- Mailed to: Parks & Recreation Department CIT Applications. PO Box 190 Monmouth Junction, NJ 08852

Applications are due by 4:00pm on Friday, March 27th. No exceptions.

Signature Of CIT applicant: _____ **Date:** _____

STAFF USE ONLY:
