

March 2020 Vegetarian Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>2</b></p> <p>Gobhi Matar Saffron Rice Broccoli Tuscan Bean Soup Kaiser Roll- Sliced. Applesauce- Ind.</p>	<p><b>3</b></p> <p>Veggie Burger Potato Salad Lettuce &amp; Onions Butternut Squash Soup Whole Wheat Bread- 2 Slices Yogurt- Ind.</p>	<p><b>4</b></p> <p>Vegetable Tagine Mashed Potatoes Mixed Vegetable Medley Minestrone Soup Whole Wheat Dinner Roll Chocolate Pudding- Ind.</p>	<p><b>5</b></p> <p>Toor Dal Lemon Rice Baby Carrots Four Bean Salad Pumpnickel Bread Sliced Peaches- Ind.</p>	<p><b>6</b></p> <p>Cheese Omelet W/ Salsa Diced Potatoes Ambrosia Salad Croissant Yogurt- Ind.</p>
<p><b>9</b></p> <p>Tofu &amp; Vegetable Stir Fry Brown Rice Oriental Blend Vegetables Carrot Raisin Salad Multigrain Bread Mixed Fruit Cup -Ind.</p>	<p><b>10</b></p> <p>Chana Marsala Vegetable Biryani Peas &amp; Carrots Lentil Soup Pumpnickel Bread Fresh Fruit</p>	<p><b>11</b></p> <p>Eggplant Rollatini Penne W/ Marinara Zucchini &amp; Stewed Tomatoes Caesar Salad W/ Croutons Whole Wheat Bread Diced Pears- Ind.</p>	<p><b>12</b></p> <p>Vegetable Korma Lemon Rice Peppers &amp; Onions Winter Vegetable Soup Multigrain Bread Applesauce- Ind.</p>	<p><b>13</b></p> <p>Cheese Pizza HD: Tortellini W/ Pesto Cream Italian Blend Vegetables Spinach Salad W/ Cucumber Whole Wheat Dinner Roll Mixed Fruit Cup- Ind.</p>
<p><b>16</b></p> <p>Veggie Burger Baked Beans Lettuce &amp; Onions Corn Chowder Whole Wheat Hamburger Bun Mandarin Oranges- Ind.</p>	<p><b>17</b></p> <p>Gobhi Matar Saffron Rice Carrots Mixed Green Salad Rye Bread Cookies</p>	<p><b>18</b></p> <p>Toor Dal Lemon Rice Brussel Sprouts Vegetable Soup Whole Wheat Bread Mixed Fruit Cup- Ind.</p>	<p><b>19</b></p> <p>Vegetable Tagine Diced Sweet Potatoes Vegetable Medley Cucumber Salad Multigrain Bread Yogurt- Ind.</p>	<p><b>20</b></p> <p>Eggplant Chickpea Stew Mashed Potatoes Green Beans Escarole White Bean Soup Whole Wheat Dinner Roll Sliced Peaches- Ind.</p>
<p><b>23</b></p> <p>Vegetable Ratatouille Quinoa Pilaf Lima Beans Marinated Beet Salad Whole Wheat Dinner Roll Diced Pears- Ind.</p>	<p><b>March Celebration 24</b></p> <p>Chana Marsala Oven Roasted Potatoes Italian Blend Vegetables Vegetable Soup Multigrain Bread Birthday Cake</p>	<p><b>25</b></p> <p>Vegetable Korma Lemon Rice Carrots- Coined Spinach Salad W/ Cranberries Pumpnickel Bread Yogurt- Ind.</p>	<p><b>26</b></p> <p>Tofu &amp; Vegetable Stir Fry Brown Rice Spinach &amp; Mushrooms Spilt Pea Soup Whole Wheat Dinner Roll Vanilla Pudding- Ind.</p>	<p><b>27</b></p> <p>Gobhi Matar Saffron Rice Cauliflower Florets Lemon Zest Chickpea Salad Rye Bread Mixed Fruit Cup- Ind.</p>
<p><b>30</b></p> <p>Toor Dal Lemon Rice Corn Niblets Mixed Greens W/ Cucumber Multigrain Bread Jello- Ind.</p>	<p><b>31</b></p> <p>Swiss Cheese Macaroni Salad Lettuce &amp; Onions Vegetable Soup Whole Wheat Bread- 2 Slices Yogurt- Ind.</p>			<p><b>Please note that all menus:</b> -May change due to unforeseen circumstances. -Include 8oz. 1% milk and 4oz. 100% juice. -HD and diabetic clients will receive light or sugar-free desserts only.</p>